

Menu is Subject to Change

Shenandoah High School Main Line Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

 Chicken Nuggets
Mashed Potatoes & Gravy
Lettuce Salad
Fresh Broccoli & Carrots
Orange Slices Applesauce
Dinner Roll
Choice of Milk

1

 BBQ Rib Sandwich
French Fries
Tossed Salad
Baby Carrots
Strawberries
Fresh Apple
Choice of Milk

2

 Grilled Cheese Sandwich
Tomato Soup
Fresh Veggie Mix
Diced Pears
Fresh Fruit
Goldfish Crackers
Choice of Milk

3

 Walking Taco
Refried Beans
Lettuce & Cheese
Spanish Rice
Red & Green Bell Peppers
Fresh Broccoli
Grapes Ice Cream
Choice of Milk

4

 Meatloaf
Cheesy Potatoes
Green Beans
Lettuce Salad w/Cherry Tomatoes
Mandarin Oranges
Fresh Fruit
Dinner Roll
Choice of Milk

7

 Spaghetti w/Meat Sauce
California Blend Steamed Vegetables
Lettuce Salad
Fresh Veggie Mix
Mixed Fruit
Fresh Fruit
Garlic Toast
Choice of Milk

8

 Chicken Patty Sandwich
Tossed Salad w/Spinach
Fresh Broccoli & Baby Carrots
Applesauce
Orange Slices
Yogurt Cup
Choice of Milk

9

 Orange Chicken
Rice Pilaf
Steamed Broccoli
Fresh Veggie Mix
Peaches
Fresh Fruit
Fruit Roll Up
Choice of Milk

10

 Hot Dog on a Bun
Baked Beans
Lettuce Salad w/Cherry Tomatoes
Mandarin Oranges
Banana
Choice of Milk

11

 Lasagna Roll Up
Corn
Lettuce Salad w/Cherry Tomatoes
Fresh Broccoli
Fresh Apple
Pineapple Chunks
Garlic Toast
Choice of Milk

14

 Chicken Noodle Casserole
Steamed Peas
Tossed Salad w/Spinach
Baby Carrots
Grapes, Applesauce
Pudding
Breadstick
Choice of Milk

15

 Chicken & Cheese Burrito
Spanish Rice
Celery w/PB
Cucumber Slices
Peaches
Fresh Fruit
Choice of Milk

16

 Potato Bar
Lettuce Salad w/Cherry Tomatoes
Green & Red Bell Pepper Slices
Banana
Mixed Fruit
Bread & Butter
Choice of Milk

17

 Stuffed Crust Pizza
Fresh Veggie Mix
Mandarin Oranges
Fresh Fruit
Choice of Milk

18

 Hamburger on a Bun
Baked Beans
Lettuce & Tomato Slices
Pickles
Fresh Broccoli & Carrots
Strawberries, Fresh Fruit
Choice of Milk

21

 Turkey & Noodles
Mashed Potatoes
Green Bean Casserole
Tossed Salad
Grapes, Cranberry Fluff
Dinner Roll
Pumpkin Pie
Choice of Milk

22

 Hot Ham & Cheese Sandwich
Fresh Veggie Mix
Fresh Fruit
Baked Chips
Cookie
Choice of Milk

23

NO

24

SCHOOL

NO

25

SCHOOL

 Pulled Pork Sandwich
Baked Beans
Lettuce Salad
Cherry Tomatoes & Broccoli
Applesauce
Orange Slices
Choice of Milk

28

 Sloppy Joe Sandwich
Tri Tator
Fresh Veggie Mix
Peaches
Fresh Fruit
Choice of Milk

29

 Beef Stroganoff
Green Beans
Lettuce Salad
Broccoli & Carrots
Diced Pears
Fresh Fruit
Bread & Butter
Choice of Milk

30
Lunch is FREE for ALL Students

Adult Lunch \$4.25

Extra Entrée \$1.50

Extra Milk \$0.40



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